

How to Use: Present One Box at a time. If necessary, cover the other boxes. Instruct the learner to choose the value or values from each box. Record those responses into the open boxes on Page Three, one in each box, and continuing to record responses in different, randomized boxes. Re-Present the boxes as on Page Two, but with the reduced values. Have the client draw a line (or you draw a line) through the values that do not represent the client. Then, have the client circle the value that is most important in each box. If there are only crossed off values in that box, do not present it. On Page Four, have the learner record the 3-5 values that remain. Then, ask the client to put them in the order that means the most to them with 1 being the most and 5 being the least. (Repeat Page Two if the learner has more than 5 values at the end of the exercise).

- Being Liked
- Getting Rewards
- Giving
- Beauty
- Being the Best
- Belonging
- Working hard
- Caring
- Working Together
- Being Smart
- Confidence
- Making things work
- Problem-Solving
- Bravery
- Creativity
- Curiosity
- Feeling Safe
- Differences
- Doing what is right
- Fairness
- Faith
- Family
- Forgiveness
- Freedom
- Friendship
- Fun
- Everyone getting along
- Being Healthy
- Home
- Honesty
- Being Included
- Independence
- Taking the first step
- Being Right
- Listening to my heart
- Joy
- Justice
- Kindness
- Being First
- Learning
- What others think of me
- Free Time
- Love
- Loyalty
- Making a difference
- Being Outside/Nature
- Happiness
- Things being where they belong
- Having Parents
- Patience
- Peace
- Trying my best
- Being in charge
- Having everything I need
- Respect
- Safety
- Security
- Self-Discipline
- Caring for yourself
- Being free from worry
- Caring for others
- Sports
- Helping others
- Teamwork
- Traditions
- Travel
- Trust
- Understanding
- Being Different
- Being Useful
- Seeing what others see
- Seeing New Things
- Being wise
- Being silly
- My Family
- Music
- Art
- Movement
- Being Aware

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<ul style="list-style-type: none"> ● Being Liked ● Getting Rewards ● Giving ● Beauty ● Being the Best ● Belonging ● Working hard ● Caring ● Working Together ● Being Smart ● Confidence 	<ul style="list-style-type: none"> ● Independence ● Taking the first step ● Being Right ● Listening to my heart ● Joy ● Justice ● Kindness ● Being First ● Learning ● What others think of me 	<ul style="list-style-type: none"> ● Sports ● Helping others ● Teamwork ● Traditions ● Travel ● Trust ● Understanding ● Being Different ● Being Useful ● Seeing what others see
<ul style="list-style-type: none"> ● Making things work ● Problem-Solving ● Bravery ● Creativity ● Curiosity ● Feeling Safe ● Differences ● Doing what is right ● Fairness ● Faith 	<ul style="list-style-type: none"> ● Free Time ● Love ● Loyalty ● Making a difference ● Being Outside/Nature ● Happiness ● Things being where they belong ● Having Parents ● Patience ● Peace 	<ul style="list-style-type: none"> ● Seeing New Things ● Being wise ● Being silly ● My Family ● Music ● Art ● Movement ● Being Aware
<ul style="list-style-type: none"> ● Family ● Forgiveness ● Freedom ● Friendship ● Fun ● Everyone getting along ● Being Healthy ● Home ● Honesty ● Being Included 	<ul style="list-style-type: none"> ● Trying my best ● Being in charge ● Having everything I need ● Respect ● Safety ● Security ● Self-Discipline ● Caring for yourself ● Being free from worry ● Caring for others 	<p>Others:</p>

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The form consists of three vertical rectangular boxes arranged horizontally. Each box is divided into three equal-sized empty sections by two horizontal lines. A large, light blue watermark is centered over the three boxes.

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<u>My Values:</u>	
1.	
2.	
3.	
4.	
5.	